related to spacing or temporary methods of contraception (IUCD, Oral Contraceptive Pills, Mala N & Condoms) are available free of cost at all Public Facilities. Services related to limiting or permanent methods of contraception are female and male sterilization (Tubectomy for women & No Scalpel Vasectomy for Men). Sterilization services are available free of cost at Accredited Private & Public Centres (List available at DFV, OCH CDMOs and Delhi Govt). For sterilization operation carried out in Hospital/Nursing Homes other than those run or accredited by Govt., the procedure has to be verified by clinical examination and necessary test before certification by the respective CDMOs for the purpose of Small Family Norms benefit. For details visit Family Welfare Cell: http://fws.delhi.gov.in.

Besides, Emergency Contraceptive Pill (ECP) are available for emergency situations like contraceptive accidents or sexual assault. Condoms (pack of 3 & packets of Mala-N & E-Plus can be sourced from ASHA after paying Rs. 1/- for Condoms & Mala-N and Rs. 2/- for E-Plus. For detailed information contact FP Family Planning At P: 011-23813212/17; E-mail: spfwpavels@gmail.com.

PCPNDT Act

The Directorate of Family Welfare is implementing the PC-PNDT Act in the State of Delhi. All Facilities having capability of Sex Selection & Sex Detection before or after conception are required to be registered and comply with the Act. They are monitored through the State & District appropriate Authorities. The Deputy Commissioner is the Appropriate Authority for all 11 Districts and Deputy Director Medical Services for Defence Establishment. The public at large has also had role to play in this. They should be aware that Sex Determination during pregnancy leading to Female Feticide is an offence under the PC & PNDT Act 1994 & if they have knowledge of such activity going on at any place be it registered or unregistered they should report to this Directorate or the concerned District CDMOs. Violation of PC-PNDT Act invites imprisonment of 5 years and penalty up to Rs. 1,00,000/-: Violation may be reported to District or State Level Appropriate Authorities, details at www.health.delhi.gov.in; e-mail: cms@gmail.com.

MTP Act

MTP Act is implemented by Directorate of Family Welfare through the CDMOs of respective districts who is the chairperson of the “District Level Committee.” MTP can only be carried out at a registered place, by a registered Doctor under the conditions prescribed in the MTP Act. The MTP registrations for facilities are provided by the respective CDMOs. List of registered MTP Clinics is available with Directorate of Family Welfare and O&O CDMOs. For details/information/suggestions/complaints about registration/violation of the Act, may contact concerned CDMOs.

Health & Family Welfare Training Centre

Health and Family Welfare Training Centre is a State level training institute and is a Nodal agency for imparting all RCH training in State of Delhi. Under NRHM one of the major strategies is to provide quality services through trained manpower. HFVTCC provides skill based training to all in-service Medical Officers and Para Medical Workers of various Govt. & Non Govt. organizations thereby strengthening the human resource through capacity building. The various training include issues related to Maternal & Child Health, Contraception, Immunization, Adolescent Reproductive & Sexual Health, Breastfeeding & YFC. HFVTCC is also coordinating with different hospitals of Delhi Govt. BPM and other agencies to old hands on trainings like: The Alternative Methodology in IUCD insertion, Lap Sterilization, MTP and IMNCI. For any queries/clarification contact Principal Health & Family Welfare Training Centre, Tel. 011-27014468, 011-27014735; e-mail: principalhfwtc@yahoo.co.in

Janani Suraksha Yojana (JSY)

One of the strategy to reduce maternal and infant mortality is to promote institutional delivery. Janani Suraksha Yojana JSY & if they have knowledge of such activity going on at any place be it registered or unregistered they should report to this Directorate or the concerned District CDMOs. Violation of PC-PNDT Act invites imprisonment of 5 years and penalty up to Rs. 1,00,000/-: Violation may be reported to District or State Level Appropriate Authorities, details at www.health.delhi.gov.in; e-mail: cms@gmail.com.

WTP Act

MTP Act is implemented by Directorate of Family Welfare through the CDMOs of respective districts who is the chairperson of the “District Level Committee”.

ARSH (Adolescent Reproductive & Sexual Health)

Adolescent Health Services an amalgamation of Preventive, Promotive, Curative & Referral services on growth and development, sexual & reproductive health, nutrition, contraception and behavioural issues are being provided through 291 Adolescent friendly Health clinics named DISA’s (Delhi Initiative for Safeguarding Health of Adolescents) clinics. These services are being provided in a dedicated manner on all Saturdays 12:00 to 2:00 pm apart from the routine hours on other days.

In order to address issues of adolescents in a non-judgemental, empathetic and holistic manner these clinics have been mainstreamed in an integrated manner in already existing Health care delivery units. Adolescent health services are being catered to both married and unmarried adolescent aged between 10 & 19 years. For details Contact SPO(ARSHA): 011-23813214; e-mail: arshcfw@gmail.com

Weekly Iron & Folic Acid Supplementation Program (WIFS)The program entails administration of IFA tablet free of cost every Wednesday. Departments implementing this program at the level of Anganwadi Centres under ICDS projects wherein Out Of School Adolescent Girls are administered the tablets. For details Contact SPO(ARSHA/WIFS): 011-23813214; e-mail: arshcfw@gmail.com

Medical Stores

Directorate of Family Welfare provides logistics for Immunization (Vacines, syringes, cold chain equipment, contraceptives, IUD, condoms, oral pills/emergency contraceptive pills, Vitamin A, large and small iron tablets/ reproductive and Child health kits/laparoscopes/ IFA Tab in WIFS. These logistics area provided free of cost to all agencies on fulfillment of certain important requirement, tel. No: 011-23953036, 27014735; e-mail: gsmedstore@gmail.com

Mass Education Media Unit

Publicity being the backbone of a public health program, MEM section in consultation with respective state program officers and pepeal IEC committee plans develops, distributes and executes the overall awareness generation activities. We ensure on IPC and other on-ground activities like: Folk Media, community media and outdoor publicity etc. sections also looking to strengthen the systematic and judicious inclusion of “Influencers” who can contribute to the delivery of public health messages.

For details Contact SPO(ECR): 011-23813214; e-mail: arshcfw@gmail.com

Dear Citizens of Delhi

The Department is responsible for designing, formulating and implementing policy for population stabilization. Improving the health status of women by provision of ante-natal, neo-natal & post-natal care, provision of family planning methods for limiting family size & spacing between child birth, delivery of routine immunization services as well as Polio Program, provision of preventive, promotive, curative, referral & counseling services for adolescents, implementation of the Pre Conception and Pre-Natal Diagnostic Techniques (Prohibition of Sex Selection) Act, 1994 & MTP Act 1972 rules & regulations 2002-03
DETAILS OF SERVICES AND AGENCIES PROVIDING THESE SERVICES

Immunization & Child Health Services

Regular Childhood Immunization (under the Universal Immunization Programme) is available to all children up to 5 years of age in all the major Govt. hospitals of Delhi and dispensaries free of cost all through the year. It is provided on all Wednesdays and Fridays at dispensaries and health centres & on all working days of the week in Govt. Hospitals against the following diseases: Tuberculosis, Diptheria, Whooping Cough (Pertussis), Tetanus, Polio, Measles, Mumps, Rubella, Hepatitis B, Typhoid & Haemophilus influenzae associated diseases.

India is the first State to include MMR, Typhoid & Hepatitis B in its immunization schedule. It has also included Pentavalent vaccine w.e.f. 12.03.13. This vaccine protects against 5 diseases and it is available at Govt. facilities free of cost.

Citizens are requested to report occurrence of any vaccination related disease like measles, polio, diphtheria, whooping cough or neonatal tetanus in their knowledge to the nearest Govt. facility.

List of District Immunization Officers is as below:

- Dr. Pushpendra (South-West: 25089074-75)
- Dr. Abha Rani (East: 22374719, 22378334), Dr. Punit (Central: 2511955), Dr. Nagnani (North-East: 22596507, 22593433), Dr. Anjali (South: 22695333, 22699026), Dr. Meenakshi (North: 22765488, 22755506), Dr. A.K. Chatterjee (West-South: 2255244, 22593433), Dr. Namita Nayar (South-East: 2267298, 22642493), Dr. Neeta Singla (New Delhi: 22622597, 22582427), Dr. Nivedita (Shahdara: 22596507, 22593433), Dr. Laitt Chauhan (South-East: 22695333, 22699028)

Infant and Young Child Feeding Counseling Services are now available in Delhi in these hospitals:

- Maharishi Baldev Singh Hospital, Poonch Khurd (Ph: 27761522), Lal Bahadur Shastri Hospital, Khirki, (Ph: 27741445), Sanjay Gandhi Memorial Hospital, Mangolpuri (Ph: 27921117), Guru Gobind Singh Hospital, Rajghat Nagar (Ph: 25884532, 58684549), Acharya Shrikrishna Bhasha Govt. Hospital, Moti Nagar (Ph: 25194415), Sardar Vallabhbhai Patel Hospital, East Patel Nagar (Ph: 25885894, 25681210), Pt. Madan Mohan Malviya Hospital, Malviya Nagar (Ph: 22680063), Dr. Baba Sahab Ambedkar Hospital, Sector 6 Rohini (Ph: 27049001-07), Pukhraj Vihar, Santa Enclave, Phase-I, Qutub Vihar (Ph: 25322858), Maternity Home Naraina, Near Mata Mandir Village Naraina (Ph: 25770557), Hindu Rao Hospital, MCD, Sabzi Mandi, Swami Dayanand Hospital, MCD, Shahdara, Guru Tegh Bahadur Hospital, Dilshad Garden (Ph: 22581730), Kalawati Saran Children Hospital (Ph: 2336792), PP Unit, Kalikunj, Jama Colony, Hospi, (Ph: 26416610), Rao Tula Ram Memorial Hospital, Sahibabad, Atul Hospital, Ghaiapi, Seelampur (Ph: 2351844), Mundela Khur, R-Block Inside Chawla Village Mundela (Ph: 25626914), Aruna Asaf Ali Hospital, S Rapur Road (Ph: 23833120, 23964590), DC O- Chhawla, Chhawla Village, Near Radha Krishan Mandir, New Delhi - 71 (Ph: 25316755), IPPVIII Haidarpur (Ph: 27942144), Satyawati Jaipur Harish Chandra Hospital, Narina (Ph: 27787304), Deen Dayal Hospital, Hari Nagar (Ph: 25484397), Bhagwan Mahavir Hospital, Pitampura (Ph: 27034535), IPPVIII, Wajipura, Camp No. 5, R-Block, Wajipur, New Delhi-87 Kasturba Hospital, Near Jana Masjid, Daryaganj, Delhi (Ph: 23276023-25, 23262914-15), Maternity Home Defence Colony, MCD Defence Colony B-Block (Ph: 24325521)

In order to spread awareness about immunization and advantages of exclusive breast feeding, child health and immunization section of DFW observes Hepatitis Day on 4th December and Breast Feeding Promotion Week in first week of August every year. The Department is continuously working to improve the nutritional status of the children and reduce the prevalence of severe acute malnutrition (SAM)

The department has 6 functional Nutritional Rehabilitation Centres (NRCs) to address these issues. The name of 6 NRCs are as under:

- Hindu Rao Hospital Old Satgri Mandi, Guru Govind Singh Rajput Nagar, Kasturba Gandhi Hospital Jang Road, Kalawati Saran New Delhi, Sanjay Gandhi Hospital Mangolpuri & Lal Bahadur Shastri Hospital, Khirki

In order to improve the status of newborn care in the State, the department has 14 Sick Neonatal Care Units (SNCU) and 14 New Born Stabilization Units (NSU) and 33 New Born Care Corner (NBC).

The details of the centres can be seen on Delhi Govt. website.

In order to upgrade the knowledge and skills of health functionaries in child health, various capacity building trainings are being organized from time to time.

For any query on child health and immunization please contact SPO (CH) and immunization at telephone nos. 23831219, 2383476 or at email: osdrch2@gmail.com or ch.immunization@gmail.com.

Pulse Polio Immunization Programme

India has been declared polio free along with South East Asian region on 27th March 2014. Polio eradication is one of the biggest public health successes in India. No case of Polio has been reported in Delhi since June 2009. Under the program all children under 5 years of age are given polio drops on designated Polio Days followed by 5 days of house to house “search and immunize” activity. Around 23 to 25 lac children under 5 years of age are vaccinated with more than 46 lac house holds visited during each round to search and immunize unvaccinated children. Special arrangements have been made to cover children in transit on Railway stations, ISBT, Metro stations etc. and tracking and coverage of population of high risk areas: JK clusters, nomaic and construction sites. All case of paralysis under 15 years of age are to be reported to the nearest Govt. hospital.

Dispensaries for stool sampling and further management under Accurate Faecal Paralysis (AFP) surveillance activity for detailed examination contact OSD IPPH at 23813210, and state epidemiology officer 23813209.

Care After delivery

Family Level Care of mother & newborn is necessary to ensure their health and well being. During this period a mother is to be encouraged for breastfeeding, have good nutrition and take hygiene care of self and the baby. Immunization of child and contraceptive advice for spacing the birth limiting the Family size. These services are provided in all major hospitals and Dispensaries of Delhi Govt., MCD, CGHS, ESIC as well as at all M&C/W Centres and M&MR houses under MCD.

For further information contact: SPO (Maternal Health) at 23813126, email: spomhcd@gmail.com.

Family Planning – Contraceptive Services

Limiting the Family size and spacing between births are the key to good maternal and child health. The use of contraceptives contributes to the Health of the Family Services.